

Table 1

ATP III Classification of LDL, Total, and HDL Cholesterol (mg/dL)	
LDL Cholesterol – Primary Target of Therapy	
<100	Optimal
100-129	Near optimal/above optimal
130-159	Borderline high
160-189	High
≥190	Very high
Total Cholesterol	
<200	Desirable
200-239	Borderline high
≥240	High
HDL Cholesterol	
<40	Low
≥60	High

Adapted from ATP III Guidelines At-A-Glance Quick Desk Reference. National Heart, Lung, and Blood Institute. National Institutes of Health Publication Number 01-3305. May 2001.