

Table 2

LDL Cholesterol Goals and Thresholds for Therapy as Presented in the ATP III Guidelines				
<i>Risk level</i>	<i>Risk category</i>	<i>LDL goal (mg/dL)</i>	<i>LDL level at which to initiate TLC (mg/dL)</i>	<i>LDL level at which to consider pharmacologic therapy (mg/dL)</i>
High	CHD, CHD risk equivalents (10 yr risk > 20%)	< 100	≥ 100	≥ 130 (100-129 mg/dL: drug is optional)
Moderately high	2+ Risk factors (10 yr risk 10-20%)	< 130	≥ 130	≥ 130
Moderate	2+ Risk factors (10 yr risk < 10%)	< 130	≥ 130	≥ 160
Low	0-1 Risk factor	< 160	≥ 160	≥ 190 (160-189 mg/dL: drug is optional)

Adapted from ATP III Guidelines At-A-Glance Quick Desk Reference. National Heart, Lung, and Blood Institute. National Institutes of Health Publication Number 01-3305. May 2001.