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# **ART OF MEDICINE**

## **Cautious Curiosity**

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## Abstract

Optimal health care is nearly impossible for patients who have few or no languages in common with their clinicians because it is hard to exchange information and questions about interventions' risks and benefits and about how to motivate good health outcomes. This digital drawing considers an elderly patient with limited English proficiency who understands and who wears a mask.

Figure. Cautious Eyes



#### Media

Digital drawing.

## Caption

Communication is vital in patient-clinician relationships. Patients with limited English proficiency experience poor clinical outcomes, restricted access to care, and reduced satisfaction with their health services.<sup>1,2,3</sup> During the COVID-19 pandemic, language barriers' effects on uptake of public health and safety messaging<sup>4</sup> underscored the importance of interpreters' roles in providing high-quality health care and access to information all patients need.<sup>3</sup> This digital drawing shows an elder, masked Sikh community member who appears to be following COVID-19 safety precautions, despite language or cultural barriers. Her eyes suggest her cautious demeanor and perhaps curiosity about what the unmasked don't understand.

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## Conflict of Interest Disclosure

The author(s) had no conflicts of interest to disclose.

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